



SCHOOL MILK FOUNDATION
OF NEWFOUNDLAND AND LABRADOR

DART OUTDOORS • NLTA EDUCATION WEEK 2023 MARCH 13-17

WHAT'S THE CRITERIA TO PARTICIPATE?

- Any Class, Grade K-12, is eligible to register for an event during March 13-17
- The Administration must submit the total School Milk order form for all participating classrooms by **February 17**. Each student will receive 250 ml of milk from School Milk.

- Classroom teachers may register their classroom
 - High School teachers may register one course for an outdoor activity during your regular class time that allows students to enjoy the benefits of physical activity in the great outdoors!

Register your class by using this google form:
https://docs.google.com/forms/d/e/1FAIpQLSck5V5E48xNEKe72-3g-WnQB3BpZYPQbDgfAcDWG9bIMFTCCA/viewform?usp=sf_link

Each teacher that registers their class will receive an SSNL toque (while supplies last)

Let your principal know you have registered, as they will be responsible to order milk for every classroom participating in Dart Outdoors using the following form:

Milk order: https://docs.google.com/forms/d/e/1FAIpQLSe_



HOW DO WE GET INTO THE GRAND PRIZE DRAW?

- Register your event
- Send us pictures from your event via email ntulk@schoolsportsnl.ca; or
- Tweet us pictures at @SchoolSportsNL (if you have a school Twitter account)

PRIZE DRAW

- K-6 – class set of yoga mats and each student in the class will receive an inflatable slide
- 7-12 – class set of yoga mats and each student in the class will receive an SSNL custom Original Buff and a water bottle
- Grand Prize – Growlers visit and pizza party (details to be determined)

ACTIVITY IDEAS

- Snowshoe relay races and hikes
- Cross country skiing adventures
- Snowman making contests
- Ice/snow sculpting
- Outdoor shelter building – quinzee/lean-to's

DEADLINE to register for milk is February 17 and deadline to register to participate is March 3.

If you have any questions please reach out to Natelle at ntulk@schoolsportsnl.ca

