

# School Sports NL Participation Nation

## “Dart Outdoors” Day

**NLTA Education Week 2019**

**March 3 - 9**

### How Do We Participate?

- Plan an outdoor activity day that allows students to enjoy the benefits of physical activity in the great outdoors!
- Register your event by emailing [ntulk@schoolsportsnl.ca](mailto:ntulk@schoolsportsnl.ca) or by calling Natelle at the SSNL Office at **729-2710**

### What's the Criteria to Participate?

- Any school, any class, Grade K-12 is eligible to register an event
- Submit us your activity ideas along with number of participants
- Each school that registers will receive a reimbursement for their hot chocolate upon sending in their receipts (packaged or bulk cans only of hot chocolate – no pre-made hot chocolate from restaurants will be reimbursed).

### How Do We Get Into the Grand Prize Draw?

Grand Prize Draw is \$500 worth of new equipment for your school!

- Register your event
- Send us pictures from your event via email **or**
- Tweet us pictures at [@SchoolSportsNL](https://twitter.com/SchoolSportsNL) (if applicable)

### Activity Ideas

- Snowshoe relay races and hikes
- Cross country skiing adventures
- Outdoor shelter building – quinzee/lean-to's
- Snowman making contests
- Ice/snow sculpting
- Skating
- Field snow games (i.e., snow soccer, snow obstacle courses)
- Sliding

### Deadline to Register

**February 28, 2019**

**Disclaimer:** SSNL will not be liable for rosy cheeks and laughter obtained from participating in “Dart Outdoors” Day!

