

Autism Society, NL Presents:

Dr. Jonathan Weiss, PhD

Public Lecture Sessions

Tuesday, October 2, 2018

Health Sciences Auditorium

Session 1

9:00 am – 11:45 am

Autism & Mental Health

Combining psychosocial interventions within a framework of positive development can help those with autism thrive. People with autism often struggle with managing anxiety, anger, or depression, and increasingly, interventions are being used to help address these difficulties. However, these treatments are best provided within a context of promoting thriving and positive growth more generally in people across the spectrum. The current lecture will review the ingredients needed for thriving, will provide examples of cases where this is already occurring, and how evidence-based interventions fit within this model.

This lecture will review how evidence-based interventions fit within a framework of positive development to address the treatment of anxiety, anger, and depression in those with ASD.

Session 2

1:00 pm – 3:45 pm

Addressing Bullying in Youth with Autism

Children with autism often experience bullying at school, and it is important that parents and professionals work together to address this problem. This workshop reviews ways of supporting youth who are experiencing bullying to increase their coping skills and to help stop the problem from happening in the future. Effective interventions require knowledge and a team approach, and the current workshop discusses what children can do, and what adults can do, to make everyone feel more safe. *Please note this session is tailored to the adults who support youth with ASD; not for the individuals experiencing the bullying themselves.*

This lecture reviews how professionals can support youth with ASD who are experiencing bullying. Ways to increase coping skills and prevent reoccurrence are discussed.

Dr. Jonathan Weiss, PhD, is an Associate Professor in the Department of Psychology at York University and Clinical Psychologist. He completed a postdoctoral fellowship at the Centre for Addiction and Mental Health and University of Toronto, Dept. of Psychiatry, and held the federal Chair in Autism Spectrum Disorders Treatment and Care Research. He currently holds a York Research Chair in Autism and Neurodevelopmental Disability Mental Health. His research focuses on the prevention and treatment of mental health problems in people with

autism or intellectual disabilities across the lifespan. He conducts studies into how people with developmental disabilities access mental health care, and is interested in their health service needs, their emergency service use, and their experiences of psychiatric crisis.

Registration Fee: \$50 per session

These are independent lecture sessions; no refreshments or meals provided. A 15-minute break will occur midway in both sessions.