

**EASTERN HEALTH**  
**Mental Health & Addictions Service Listing**

**CHILDREN & ADOLESCENT SERVICES (St. John's)**

**CENTRAL INTAKE** services for Janeway Family Centre, Janeway Psychiatry, Bridges Program, and Adolescent Addictions Services  
Tel: 777-2200 Fax: 777-2211

**ADULT SERVICES**

**CENTRAL INTAKE** services for Community Mental Health & Addictions Services in St. John's area  
Tel: 752-8888 Fax: 752-6852  
Email: [MHAintake@easternhealth.ca](mailto:MHAintake@easternhealth.ca)

**SPECIALIZED ADDICTIONS SERVICES**

**CAST** (Concurrent, Addictions, Specialized Treatment)

Tel: 777-5074 Fax: 777-5170

**RECOVERY CENTRE** (16 years+) - Residential Withdrawal Management

Tel: 752-4980 Fax: 752-4985

**OPIOID TREATMENT CENTRE**

Tel: 752-4478 Fax: 752-4012

**THE GRACE CENTRE**

Tel: 945-4500 Fax: 595-2680

**MENTAL HEALTH/ADDICTIONS COUNSELLING/CASE MANAGEMENT**

**DOORWAYS Walk-In Clinic**

Bonavista	Tel: 468-5317
Clarenville	Tel: 466-5723
Ferryland	Tel: 432-2930
Grand Bank	Tel: 832-1640
Harbour Grace	Tel: 945-6512
Holyrood	Tel: 229-1551
Marystown	Tel: 279-7952
St. John's	Tel: 752-4903
St. Lawrence	Tel: 873-2330
Whitbourne	Tel: 759-3370
Witless Bay	Tel: 334-3941

**CENTRE CITY**

3 West, St. Clare's	Tel: 777-5390	Fax: 777-5093
LeMarchant House	Tel: 777-5622	Fax: 777-5654
Shea Heights	Tel: 752-4313	Fax: 752-4302

**EAST END**

Terrace Clinic	Tel: 777-3453	Fax: 777-3468
Bell Island	Tel: 488-2701	Fax: 488-2703
Portugal Cove	Tel: 895-7056	Fax: 895-7050
Torbay	Tel: 437-2210	Fax: 437-2203

**WEST END / CBS**

Mount Pearl Square, Topsail Road	Tel: 752-4121	Fax: 752-4412
Villa Nova Plaza, CBS	Tel: 834-7906	Fax: 834-7918

**RURAL**

Bay Roberts	Tel: 786-5224	Fax: 786-5221
Bonavista	Tel: 468-5318	Fax: 468-7690
Clarenville	Tel: 466-5723	Fax: 466-5718
Ferryland	Tel: 334-3941	Fax: 334-3940
Grand Bank	Tel: 832-1640	Fax: 832-1173
Harbour Grace	Tel: 945-6513	Fax: 945-6514
Holyrood	Tel: 229-1551	Fax: 229-1591

Marystown	Tel: 279-7952	Fax: 279-7933
Placentia	Tel: 227-3641	Fax: 227-3749
Trepassey	Tel: 334-3941	Fax: 334-3940
Whitbourne	Tel: 759-3370	Fax: 759-3377
Witless Bay	Tel: 334-3941	Fax: 334-3940

**SPECIALIZED SERVICES**

**ACT Team**, Majors Path

Tel: 752-3511 Fax: 752-3535

**Ambulatory Care**, Waterford Hospital

Tel: 777-3332 Fax: 777-3920

**Day Treatment Program**, St. Clare's

Tel: 777-5252 Fax: 777-5093

**PIER Program**, Waterford Hospital

Tel: 777-3614 Fax: 777-3553

**Geriatric Psychiatry Referral Coordinator**

Waterford Hospital (65 years+)

Tel: 777-3486 Fax: 777-3630

**HOPE (Eating Disorders Program)**, Majors Path

Tel: 777-2041 Fax: 777-2042

**Mental Health Court**

Tel: 726 8966 Fax: 777 7878

**Occupational Therapy**, Waterford Hospital

Tel: 777-3828 Fax: 777-3006

**Outreach**, 657 Topsail Road

Tel: 777-5074 Fax: 777-5170

**Sexology Program**, Waterford Hospital

Tel: 777-3786 Fax: 777-3920

**Traumatic Stress Services**, Cordage Place

Tel: 752-4919 Fax: 752-4920

**HOUSING**

**Community Care**, Conception Bay South

Tel: 834-0801 Fax: 834-0824

**Family Care**, Waterford Hospital

Tel: 777-3340 Fax: 777-3385

**Board & Lodging (Relatives)**, Waterford Hospital

Tel: 777-3341 Fax: 777-3385

**Board & Lodging (Non-Relatives)**, Waterford Hospital

Tel: 777-3340 Fax: 777-3385

**LEISURE**

**Inpatient Therapeutic Recreation**, Waterford Hospital

Tel: 777-3587 Fax: 777-3098

**Outpatient Therapeutic Recreation**, Waterford Hospital

Tel: 777-3336 Fax: 777-3446

**Mental Health Crisis Line (24/7)**

**Tel: 737-4668 / Toll-Free: 1-888-737-4668**

**Gambling Help Line (24/7)**

**Toll Free: 1-888-899-4357**

**Mental Health & Addictions Systems Navigator**

**Tel: (709) 752-3916 / Toll-Free: 1-877-999-7589**

**Email: [barry.hewitt@easternhealth.ca](mailto:barry.hewitt@easternhealth.ca)**