

How Do We Participate?

- Plan an outdoor activity day that allows students to enjoy the benefits of physical activity in the great outdoors!
- Register your event by emailing crussell@ schoolsportsnl.ca or by calling the SSNL Office at 729-2710

What's the Criteria to Participate?

- Any school, any class, Grade K-12 is eligible to register an event
- Submit us your activity ideas along with number of participants
- Each school that registers will receive a Dart
 Outdoors Surprise Kit!

How Do We Get Into the Grand Prize Draw?

Grand Prize Draw is a Sports Equipment Prize Pack valued at \$1,000!!

- Register your event
- Send us pictures from your event via email or
- Tweet us pictures at @schoolsportsnl (if applicable)

Activity Ideas

- Snowshoe relay races and hikes
- Cross country skiing adventures
- · Outdoor shelter building quinzee/lean-to's
- Snowman making contests
- Ice/snow sculpting
- Skating
- Field snow games

 (i.e., snow soccer, snow obstacle courses)

Deadline to Register

January 26, 2018

Disclaimer: SSNL will not be liable for rosy cheeks and laughter obtained from participating in "Dart Outdoors" Day!







