## **Mental Health News & Resources**





## Eating Disorder Foundation of Newfoundland and Labrador presents "Body Project Canada"

Are you interested and passionate about the *Prevention of Eating Disorders and Body Image Dissatisfaction* in young women ages 14 – 18?

If so, we invite you to join us at an upcoming 1 full day of FREE training;

In St. John's

Thursday January 11, 2018

In Corner Brook

Wednesday February 14, 2018

OR

Thursday February 15, 2018.

The goal of Body Project Canada is to address the mental health concerns of young women ages 14 – 18 with a prevention program that will reduce body dissatisfaction and the risk of eating disorders.

Training is open to guidance counsellors and educators that work with young women ages 14 -18 years.

To register or for further information please contact Tina Martin at tina@edfnl.ca or 709-722-0500

**SPACE IS LIMITED - REGISTER TODAY**